

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 083

Total Responses: 220

1. Check one that describes you:	Yes	No	N/R
Pregnant	51	80	89
A parent/caretaker of a baby under 6 months	76	65	79
A parent/caretaker of a baby 6 months to 1 year	28	75	117
Breastfeeding (at least 1 time in 24 hours)	30	85	105
A parent/caretaker of a child over 1 year old	124	40	56
The dad, grandparent, caretaker of a child on WIC	16	85	119
The mom of a child on WIC	148	19	53
I am 18 years or younger	16	87	117

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	33	36	138	13
Getting children to eat healthy foods	4	17	164	35
Quick healthy meals	4	14	194	8
Eating a healthy diet after pregnancy	31	17	102	70
Saving money at the grocery store	8	22	190	0

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	6	50	162	2
Discussion only	24	60	61	75
Food demonstration/taste test	23	34	108	55
On the internet	53	30	113	24
Reading on my own	22	57	129	12
Learning activities	20	31	133	36

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4. What is the highest level of school you completed?	Total
6th grade or less	5
7th to 9th grade	15
10th to 12th grade	45
High School graduate	66
Some College / Current Student	87
College Graduate	2
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	135	83	2
A video game console (X-box, Playstation, Game Cube, Nintendo)	125	77	18
Cable TV	196	24	0

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	3
2 times a week	14
3 times a week	13
4 or more times a week	112
No response	78

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	24	27	159	10
Exercise during of after pregnancy	31	15	98	76
Stretching	21	34	155	10
Exercising more myself	10	27	171	12
Getting my children to exercise more	30	24	133	33
Back health	18	42	91	69

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ENGLISH

need to try to get fruits and veggies also jarred baby food

no

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 084

Total Responses: 182

1. Check one that describes you:	Yes	No	N/R
Pregnant	54	115	13
A parent/caretaker of a baby under 6 months	76	94	12
A parent/caretaker of a baby 6 months to 1 year	44	117	21
Breastfeeding (at least 1 time in 24 hours)	42	122	18
A parent/caretaker of a child over 1 year old	79	84	19
The dad, grandparent, caretaker of a child on WIC	27	128	27
The mom of a child on WIC	129	42	11
I am 18 years or younger	39	119	24

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	59	49	53	21
Getting children to eat healthy foods	29	32	116	5
Quick healthy meals	28	22	124	8
Eating a healthy diet after pregnancy	42	29	98	13
Saving money at the grocery store	34	23	116	9

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	32	55	84	11
Discussion only	49	68	34	31
Food demonstration/taste test	34	65	66	17
On the internet	67	34	46	35
Reading on my own	32	67	62	21
Learning activities	22	48	93	19

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 084

4. What is the highest level of school you completed?	Total
6th grade or less	18
7th to 9th grade	33
10th to 12th grade	36
High School graduate	47
Some College / Current Student	37
College Graduate	6
No response	5

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	67	102	13
A video game console (X-box, Playstation, Game Cube, Nintendo)	60	107	15
Cable TV	100	72	10

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	10
2 times a week	10
3 times a week	26
4 or more times a week	53
No response	83

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	52	30	83	17
Exercise during of after pregnancy	43	31	93	15
Stretching	48	40	75	19
Exercising more myself	40	31	96	15
Getting my children to exercise more	49	38	74	21
Back health	43	36	83	20

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ENGLISH

changing diet to avoid putting child on drugs (AdAD)

Exercising inside

what my baby should be eating and how much

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 087

Total Responses: 118

1. Check one that describes you:	Yes	No	N/R
Pregnant	32	64	22
A parent/caretaker of a baby under 6 months	42	60	16
A parent/caretaker of a baby 6 months to 1 year	28	67	23
Breastfeeding (at least 1 time in 24 hours)	31	72	15
A parent/caretaker of a child over 1 year old	50	53	15
The dad, grandparent, caretaker of a child on WIC	15	80	23
The mom of a child on WIC	66	38	14
I am 18 years or younger	26	75	17

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	44	27	37	10
Getting children to eat healthy foods	17	30	67	4
Quick healthy meals	13	29	72	4
Eating a healthy diet after pregnancy	26	38	47	7
Saving money at the grocery store	15	38	59	6

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	19	40	54	5
Discussion only	32	52	16	18
Food demonstration/taste test	17	41	43	17
On the internet	23	37	36	22
Reading on my own	17	37	54	10
Learning activities	15	35	51	17

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 087

4. What is the highest level of school you completed?	Total
6th grade or less	12
7th to 9th grade	15
10th to 12th grade	28
High School graduate	39
Some College / Current Student	18
College Graduate	3
No response	3

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	44	68	6
A video game console (X-box, Playstation, Game Cube, Nintendo)	43	67	8
Cable TV	65	50	3

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	11
2 times a week	12
3 times a week	15
4 or more times a week	42
No response	38

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	30	31	49	8
Exercise during of after pregnancy	36	22	53	7
Stretching	37	23	50	8
Exercising more myself	32	27	51	8
Getting my children to exercise more	36	28	46	8
Back health	35	27	47	9

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 088

Total Responses: 138

1. Check one that describes you:	Yes	No	N/R
Pregnant	37	85	16
A parent/caretaker of a baby under 6 months	41	85	12
A parent/caretaker of a baby 6 months to 1 year	35	86	17
Breastfeeding (at least 1 time in 24 hours)	13	105	20
A parent/caretaker of a child over 1 year old	78	44	16
The dad, grandparent, caretaker of a child on WIC	25	93	20
The mom of a child on WIC	105	25	8
I am 18 years or younger	27	95	16

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	43	40	45	10
Getting children to eat healthy foods	9	20	103	6
Quick healthy meals	8	19	107	4
Eating a healthy diet after pregnancy	32	23	70	13
Saving money at the grocery store	20	19	94	5

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	16	54	60	8
Discussion only	46	57	26	9
Food demonstration/taste test	36	48	46	8
On the internet	44	29	52	13
Reading on my own	15	48	65	10
Learning activities	7	52	72	7

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4. What is the highest level of school you completed?	Total
6th grade or less	1
7th to 9th grade	19
10th to 12th grade	40
High School graduate	42
Some College / Current Student	26
College Graduate	8
No response	2

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	60	71	7
A video game console (X-box, Playstation, Game Cube, Nintendo)	72	61	5
Cable TV	112	22	4

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	3
2 times a week	7
3 times a week	20
4 or more times a week	63
No response	45

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	34	34	61	9
Exercise during of after pregnancy	43	21	65	9
Stretching	35	36	60	7
Exercising more myself	21	31	82	4
Getting my children to exercise more	31	35	58	14
Back health	37	22	68	11

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ENGLISH

proper times a child should eat

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 089

Total Responses: 137

1. Check one that describes you:	Yes	No	N/R
Pregnant	21	107	9
A parent/caretaker of a baby under 6 months	40	88	9
A parent/caretaker of a baby 6 months to 1 year	60	67	10
Breastfeeding (at least 1 time in 24 hours)	34	98	5
A parent/caretaker of a child over 1 year old	92	40	5
The dad, grandparent, caretaker of a child on WIC	21	96	20
The mom of a child on WIC	118	15	4
I am 18 years or younger	23	101	13

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	52	29	48	8
Getting children to eat healthy foods	26	20	87	4
Quick healthy meals	14	21	101	1
Eating a healthy diet after pregnancy	41	21	67	8
Saving money at the grocery store	21	19	95	2

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	27	63	40	7
Discussion only	45	58	24	10
Food demonstration/taste test	27	51	54	5
On the internet	23	20	89	5
Reading on my own	13	33	85	6
Learning activities	16	39	75	7

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 089

4. What is the highest level of school you completed?	Total
6th grade or less	1
7th to 9th grade	8
10th to 12th grade	18
High School graduate	43
Some College / Current Student	52
College Graduate	14
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	99	38	0
A video game console (X-box, Playstation, Game Cube, Nintendo)	78	57	2
Cable TV	109	28	0

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	5
2 times a week	9
3 times a week	23
4 or more times a week	67
No response	33

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	50	31	53	3
Exercise during of after pregnancy	48	22	62	5
Stretching	46	32	50	9
Exercising more myself	30	24	79	4
Getting my children to exercise more	48	33	51	5
Back health	45	35	53	4

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ENGLISH

recipes for WIC foods

your cereals all have too much sugar and other unneeded ingredients. Grape nuts was the best but now that has been discontinued. Why?

Getting my daughter to finish all her food

How to deal with children with A.D.D.?

how to add extra calories to food for under weight children